Dear Parents / Carers,

At Burley Oaks Primary School, we fervently believe that the Personal, Social and Health Education (PSHE) curriculum underpins all learning. It is central in developing the knowledge, skills and attributes children need to prepare them for today's culturally diverse society and life and work in modern Britain. Our PSHE curriculum teaches children how to be safe and healthy.

PHSE learning is a part of everything we do at Burley Oaks, reflected in the ethos of the school, 'Belong, Believe, Achieve' and the school environment. Our PSHE curriculum is sequential and spiral in its learning content and is also woven throughout our wider curriculum, assemblies and events.

Our PSHE spiral curriculum is split into 3 core themes:

1. Health and wellbeing
2. Relationships
3. Living in the wider world.

Across school, we teach our 'Relationships' unit in the autumn term and our 'Health and Wellbeing' unit in the summer term. These units are an integral part of the RSE (Relationship and Sex Education) aspect of our PSHE in all year groups and they ensure that our children are taught essential and appropriate information, developing skills and exploring attitudes at the time when they are able to respond best in order to grow up with confidence in their bodies and their relationships.

The key objectives that we will be covering in Year Three include:

- **Pupils learn to recognise and respect that there are different types of families.**
- **Pupils learn what to do and whom to tell if family relationships are making them feel unhappy or unsafe**
- **Pupils learn what is appropriate to share with friends, classmates, family and wider social groups including online**

It would be of huge benefit to your child if you could use the same terminology at home as we do at school. This ensures clarity and consistency for the children and enables children to have conversations at home about their learning in school. The vocabulary is introduced throughout the unit, but then used during all PSHE lessons and daily life at Burley Oaks. The progression of vocabulary for each year group and our whole school PSHE curriculum overview, can be found on our school website in the RSE curriculum information page. It has been carefully sequenced so that children build on their prior knowledge from previous years.

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| Key vocabulary used in Year 3: |
| --- |
| Different |
| Comfortable |
| Uncomfortable |
| Male/Female |
| Body parts |
| Like |
| Dislike |
| Touch |
| Hug |
| Kiss |
| Family |
| Fostering |
| Adoption |
| Single parent |
| Same-sex family |
| Step-parent |
| Blended family |
| Relationship |
| Stereotypes |
| Gender roles |

If you have any questions, please contact a member of the Year Three Team. Thank you for your continued support.

Yours sincerely,

Miss Waite, Miss Beck and Mrs Blaythorne (PSHE and RSE Subject Leaders)